



## Vernon Vortex Code of Conduct

The Vernon Vortex Speed Skating club is committed to providing an environment in which all individuals are treated with courtesy and respect. This includes fairness, integrity and mutual respect. Members of the Vernon Vortex represent themselves, the Club, the sport of Speed skating and their community when they train and compete at any location, when they travel to and from meets, as well as other events where the sport is represented. Everyone signing the Code of Conduct agrees that they will abide by these expectations as a representative of the Vernon Vortex Speed Skating Club (VSSC). Infractions of the Code of Conduct may result in disciplinary action.

### **VSSC expects all members to:**

- be honest and forthright
- treat others with courtesy and respect
- respect the property of others
- respond to coaches and all meet officials with courtesy and respect
- settle disagreements in a fair and non violent manner

### **The following behavior is unacceptable for a member of the VSSC.**

- lying, intimidation, prejudicial behaviour, harassment or bullying
- using profane disrespectful and abusive language including offensive gestures
- using any form of physical abuse
- defiance of or rudeness to teammates, coaches and all ice officials or chaperones or destroying, damaging or interfering with the property of others, or of the VSSC

### **The following is a list of immediate consequences for unacceptable behavior. All or some of these measures may be taken, and not necessarily in this order listed.**

-Warning, Time out, Contact with parents and possible Suspension until further investigation can take place

**For persistent unacceptable behavior, all or some of the following measures may be taken by the Executive of VSSC:**

Withdrawal of funding to meets, suspension from practices and meets and even up to expulsion from the VSSC

**Immediate suspension from the club without warning will be enforced by the Executive of the VSSC for serious infractions involving:**

- overt or deliberate opposition, rudeness, attack or threatening of any individual including, but not limited to coaches, officials, chaperones, parents or fellow skaters.
- Willful destruction of or harm to property during all club sanctioned activities
- Use of alcohol and or drugs at any club sanctioned activity
- Willful destruction of, or harm to property of another during all skate sanctioned events and activities

Upon accepting his or her misbehaviour, a skater may make restitution through a verbal or written apology to the parties involved, along with a Statement to the Club Executive that the offending action will not reoccur.

In addition, all skaters acknowledge that the practice of speed skating leads into the competition schedule. Competition for our speed skaters has many benefits such as: team camaraderie, friendship, personal success, physical challenge, and the development of confidence and self-esteem. The Vernon Speed Skating Club encourages all skaters to participate in the competition schedule, in events that are appropriate for each skaters age and ability. Please review the calendar on the website and ask your coach which events apply to you.

I have read and understand the Vernon Vortex Speed Skating club's Code of Conduct. By signing this acknowledgment, I am indicating I have read and will abide by said Code of Conduct.

\_\_\_\_\_  
Skater signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date